

CURRICULUM VITAE

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Educational Background

- Professional doctorate in medicine (MD) Kermanshah University of Medical Sciences (KUMS), Iran 1987-1994
- PhD in Sports Medicine- Lifestyle intervention Department of Biosciences and Nutrition, Karolinska Institutet, Stockholm, Sweden 2008-2013

Employment and work experiences

General Physician, Taleghani Hospital, at KUMS
Director of Gilangharb Health Center, Kermanshah
Director of Treatment affairs at KUMS
Deputy of Financial and developmental affairs at KUMS
Consultant of the president of KUMS
Deputy of student and cultural affairs of KUMS

Member of research council at KUMS

Head of the Department of Sports Medicine and Rehabilitation at KUMS

Chairman of Imam Reza Hospital at Kermanshah, Iran

Member of several scientific and executive councils and committees at KUMS

Teaching Experiences

- Forensic Medicine, Azad University, Kermanshah 2004-2008
- Nutrition and physical activity in public health course, at the Department of Biosciences and Nutrition, Karolinska Institutet, Sweden 2010
- Assessment methods in diet and physical activity course, at the Department of Biosciences and Nutrition, Karolinska Institutet, Sweden 2011
- Assessment methods in public health nutrition course, at the Department of Biosciences and Nutrition, Karolinska Institutet, Sweden 2011
- Nutritional Physiology course, at the Department of Biosciences and Nutrition, Karolinska Institutet, Sweden 2012
- Supervision of master students at Karolinska Institutet, Sweden 2010-2013

Memberships

Member of American College of Sports Medicine (ACSM)

Member of Public Health Nutrition Group, Karolinska Institutet, Sweden

Honorary appointments

- Section Editor of Journal of Injury and Violence Research 2012
- Reviewer of The Asian Journal of Sports Medicine 2013

Research activity

ASUKI Step Study, A 6-month pedometer-determined physical activity in university staff, a collaborative research study between Karolinska Institutet (KI) and Arizona State University (ASU).
Coordinator of the Swedish side

Presentations

- 3rd International Congress on Physical Activity and Public Health, Toronto (Poster presentation) 2010
- Joint HiAk-HiO Seminar, Oslo, Norway (Oral presentation) 2010
- ASUKI- The great walkathon 2009 in cooperation with Arizona State University (Oral presentation) 2010
- American College of Sports Medicine, National Conference (Poster Presentation) 2011
- 3rd Iranian Congress in Obesity Prevention and Management (poster presentation) 2012
- Seminar: American College of Sports Medicine National Strategic Summit, Arizona 2012
- Conference: The Arizona State University School of Nutrition and Health Promotion (oral presentation) 2012
- 4th Iranian Congress in Obesity Prevention and Management (oral presentation) 2013
- Cardiopulmonary Resuscitation (CPR), Basic Life Support, Advance Life Support, Imam Reza Hospital, KUMS, Kermanshah 2014

- Factors Related with Self-care Behaviors among Iranian type 2 Diabetic Patients: an Application of Health Belief Model International Conference on Preventive Medicine and Integrative Medicine to be held in Stockholm, Sweden on July, 14-15, 2014 2014

Publications

Familial risk factors for self-immolation: a case-control study.

Ahmadi A, Mohammadi R, Schwebel DC, Yeganeh N, Soroush A, Bazargan-Hejazi S
J Womens Health (Larchmt). 2009 Jul;18(7):1025-31. doi: 10.1089/jwh.2008.1192.

"ASUKI Step" pedometer intervention in university staff: rationale and design.

Ainsworth BE, Der Ananian C, Soroush A, Walker J, Swan P, Poortvliet E, Yngve A.

BMC Public Health. 2012 Aug 15;12:657. doi: 10.1186/1471-2458-12-657

The effects of a 6-month pedometer-determined physical activity intervention on body composition characteristics in Swedish adults: The ASUKI Step Study

Ali Soroush, Jenelle Walker, Eric Poortvliet, Michael Belyea, Barbara E. Ainsworth, Pamela D. Swan, and Agneta Yngve
International Journal of Body Composition Research 2012 Vol 10 No 2: 47-54

Effects of a 6-Month Walking Study on Blood Pressure and Cardiorespiratory Fitness in U.S. and Swedish Adults: ASUKI Step Study.

Soroush A, Der Ananian C, Ainsworth BE, Belyea M, Poortvliet E, Swan PD, Walker J, Yngve A.

Asian J Sports Med. 2013 Jun;4(2):114-24. Epub 2013 Feb 10.

U.S. Cohort Differences in Body Composition Outcomes of a 6-Month Pedometer-Based Physical Activity Intervention: The ASUKI Step Study

Jenelle R Walker, Ali Soroush, Barbara E Ainsworth, Michael Belyea, Pamela Swan, Agneta Yngve

Asian J Sports Med. 2014 Dec;5(4):e25748. doi: 10.5812/asjrm.25748. Epub 2014 Dec 1

Trajectories and predictors of steps in a worksite intervention: ASUKI-Step

Cheryl Der Ananian, Ali Soroush, Barbara Ainsworth, Michael Belyea, Jenelle Walker, Eric Poortvliet, Pamela Swan, Agneta Yngve

Health Behavior & Policy Review. 2015;2(1):46-61 DOI: <http://dx.doi.org/10.14485/HBPR.2.1>.

A 6 month physical activity intervention in university staff: effectiveness and health outcomes – The ASUKI Step Study (Doctoral thesis), published by Karolinska Institutet, Stockholm, Sweden

Gender Differences in Patients' Beliefs About Biological, Environmental, Behavioral, and Psychological Risk Factors in a Cardiac Rehabilitation Program

Mozhgan Saeidi; Saeid Komasi; Ali Soroush; Ali Zakiei; Jalal Shakeri

Journal of Cardio-Thoracic Medicine, Volume 2, Issue 4, Autumn 2014, Page 215-220

The Relationship between Brain Behavioral Systems and the Characteristics of the Five Factor Model of Personality with Aggression among Iranian Students

Saeid Komasi, Ali Zakiei, Ali Soroush, Mozhgan Saeidi

Journal of Injury and Violence Research, Accepted for publication

Ali Soroush